

# How to Make Beeswax Lip Balm

## Materials:

Burr comb or other source of beeswax	free
Extra Virgin Olive Oil	small bottle \$5
Bottle of essential oil for flavor	small bottle \$5-10 (at <a href="https://www.bulkapothecary.com">https://www.bulkapothecary.com</a> )
Also available at most Health Food Stores - Peppercorn in Plymouth or Sunflower in Laconia	
Crock pot (alternatively double boiler)	yard sale price = \$1-3
Small whisk	free – household item
Lip balm containers	\$0.14 each @ <a href="https://www.bulkapothecary.com">https://www.bulkapothecary.com</a>
Tongue depressor or popsicle stick	free – household item
Dropper	\$0.19 each @ <a href="https://www.bulkapothecary.com">https://www.bulkapothecary.com</a>
Spoon	free – household item
Labels	\$8-15 (address labels from vistaprint.com)
A small pouring vessel	<u>\$0.50 yard sale item</u>
TOTAL COST	about \$30/hundred with ingredients leftover

## Procedure:

- 1) Melt the wax – in a crock pot or double boiler or microwave melt a few pieces of wax
- 2) Add approximately an equal amount of Extra Virgin Olive Oil to the wax. This will solidify the mixture when added, because it will lower the wax temperature to below the melting point of the beeswax. Allow to heat and liquefy again.
- 3) Add the desired amount of essential oil for the desired flavor. 2-3 half droppers is a reasonable starting point.
- 4) Mix everything together thoroughly with the whisk.
- 5) Remove a small quantity with the spoon and allow to come to room temperature to harden.
- 6) Move away from the work space to clear your palate and try the sample.
  - a. If too soft add beeswax
  - b. If too hard add olive oil
  - c. If not enough flavor add more essential oil
- 7) Pour into lip balm containers
- 8) Put labels on lip balm containers

To add sunscreen to your lip balm add titanium dioxide (also available at The Bulk Apothecary Website). Add about a teaspoon per 20 containers of balm (1/5 of the amount of beeswax).